



LDT Initial Mentee Intake Questionnaire

Please complete this before your initial monthly mentoring session with each of your two mentors, and email it to your mentor at least a day prior to your first call.

1. What do you hope to receive from this LDT, and what is your intention for this training (or the remainder of the training)? How can your mentor support you in this?

2. What has opened up for you so far? What did you learn in your most recent in-person training unit, and what do you see as your next steps?

3. What has been/may be most challenging about LDT? What is the next step of growth that you see for yourself within that challenge? How could your mentor support you with this?